This Week's Menu

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*	*Saturday*	*Sunday*
Breakfast Special	**Breakfast Offerings**	**Breakfast Offerings**	**Breakfast Offerings**	**Breakfast Offerings**	**Breakfast Offerings**	**Breakfast Offerings**
Loaded Eggs	**Apple Crepe** **Scramble Eggs**	**Banana Bread Scramble Eggs**	**Danish** **Scramble Eggs**	**Breakfast Sandwich**	**Biscuits & Gravy**	**Breakfast Quesadilla**
Bacon	Sausage	Bacon	Sausage	Hash Brown	Sausage	Scramble eggs, Bacon
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Cheese
						Fresh Fruit
Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
Soup of the Day	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**	**Soup of the Day**
Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special
Lunch Special	**Lunch Special**	**Lunch Special**	**Lunch Special**	**Lunch Special**	**Lunch Special**	**Lunch Special**
Loaded Baked Potato	**Corned Beef**	**BBQ pork Ribs**	**Chicken Parmesan**	**Seared Salmon**	**Pot Roast**	**Stuffed Chicken**
Chili, Cheese, Bacon	Roasted Red Potato	Macaroni and Cheese	Mashed Potato	Thai Fried Rice	Stew Cut Veggies	Red Potatoes
Green onion, Sour Cream	Cabbage with Bacon	Steamed Vegetables	Steamed Vegetables	Mushroom & Broccoli	Dinner Roll	California Vegetables Mix
Steamed Broccoli						
Salad of the Week	**Salad of the Week**	**Salad of the Week**	**Salad of the Week**	**Salad of the Week**	**Salad of the Week**	**Salad of the Week**
Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad	Chicken Salad
Lunch and Dinner	**Lunch and Dinner**	**Lunch and Dinner**	**Lunch and Dinner**	**Lunch and Dinner**	**Lunch and Dinner**	**Lunch and Dinner**
Healthy Option	**Healthy Option**	**Healthy Option**	**Healthy Option**	**Healthy Option**	**Healthy Option**	**Healthy Option**
Cobb Salad	Cobb Salad	Cobb Salad	Cobb Salad	Cobb Salad	Cobb Salad	Cobb Salad
Dressing of choice	Dressing of choice	Dressing of choice	Dressing of choice	Dressing of choice	Dressing of choice	Dressing of choice
Dinner Special	**Dinner Special**	**Dinner Special**	**Dinner Special**	**Dinner Special**	**Dinner Special**	**Dinner Special**
Orange Chicken	**Roasted Turkey**	**Lemon Pepper Chicken**	**Shrimp Po-Boy**	**Chicken Fajitas**	**Spaghetti & Meat Sauce**	**Wester Cheeseburger**
Jasmine Rice	Sweet Potato Mashed	Baked Beans	Coleslaw	Refried Beans	Garden Side Salad	French Fries
Spring Roll	Green Beans	Garden Vegetables	Curly Fries	Side Salad	Garlic Bread	Side Salad
Steamed Broccoli						

For those residents who need to limit sugar intake; a normal portion of any starch, vegetable or entrée made with added sugar will be set aside and be presented minus the added sugar and half portion desserts will be served . We have one fat free dressing to be served with any salad items on the menu.

Note: Low Sodium Diets: since base products are low sodium, the above cycle is amended only to omit added salt tableside & potato chips

Consuming raw or undercooked meats, poultry, pork, seafood, shellfish or eggs may increase the risk of food borne illness

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Chef's Message: Alternative Menu to the Special of the day for **lunch and dinner** are:
Cheeseburger, Ham and Turkey Sandwich, Grilled Ham & Cheese Sandwich, Hot dog, Vegetarian Burger, French Fries.